

Milton Teske, M.D. Health Officer



To promote and protect the health and well-being of Kings County residents through education, prevention, and intervention.

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Director

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## WIC Services in Kings County Available by Phone

On Thursday March 19<sup>th</sup>, Governor Newsom announced statewide stay-at-home orders for all Californians, except certain essential employees and for residents to get necessities, such as food, prescriptions and health care.

WIC services, like many of our County services, are continuing to serve our community during this time, and are considered "essential services" under the Governor's order. We also understand that the stayat-home order will be difficult for many of our families in Kings County. WIC, the Women, Infants, and Children nutrition program, helps pregnant, postpartum and breastfeeding women, infants, and young children under 5 eat well, be active, and stay healthy, and includes funds for families to purchase healthy foods, as well as individual breastfeeding support for moms. Services are available in English and Spanish.

"At this time, we can provide all WIC services via the phone, including new enrollments. To protect the community and our WIC staff, all in-person appointments have been suspended," says Michelle Bieber, Director of WIC program for Kings County.

Community members should call their local WIC office to enroll, obtain future food benefits, reschedule, get breastfeeding help, or for any other questions.

Kings County WIC Program: (559) 582-0180

"We also want to share that for some families who already have the WIC card, the state has auto-issued one month of benefits and will do this again in April. This means if you have a WIC card, you may already have your benefits pre-loaded" Bieber stated. Please check your California WIC app for benefits.

If you have any additional questions, please contact your local WIC program at the phone number listed above. You can also learn more at the CDPH WIC webpage here: <a href="https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/WICCovid19Info.aspx">https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/WICCovid19Info.aspx</a>