



# Kings Quarterly

Milton Teske, M.D., Health Officer

Marjorie Batin, SPHN, CHDP Deputy Director

## Message from the Deputy Director

Winter 2020

Happy New Year! This year will bring a few changes to the focus of our CHDP program. While medical providers and clinics must still undergo a site review and meet the approval of the local CHDP program for the initial application process, CHDP provider enrollment can now be confirmed by contacting the Medi-Cal Provider Enrollment Division (PED) Message Center directly at 916-323-1945 (choose option 3 to speak to a representative,) or email inquiries to [PEDCorr@dhcs.ca.gov](mailto:PEDCorr@dhcs.ca.gov).

Our CHDP case management follow up services have been reduced over the past several years to only those CHDP physical exams that are not associated with a Managed Care plan. We do ask that provider offices send us care coordination forms for all fee-for-service and Foster Care CHDP physicals, as we are still tasked with program monitoring and ensuring follow up on these children. FQHCs who have a Care Coordinator on-staff for this purpose need only send us care coordination forms for Foster Care children. Our efforts must balance our duty to ensure preventative health for children while also ensuring non-duplication of those services provided by the health plans.

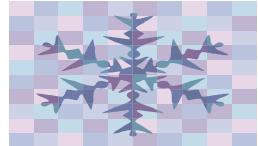
CHDP will be providing education to providers and their staff several times a year. Our first training in 2020 will be for Audiology and Vision Screening, and it is coming up at the end of January. Details are on page 3 of this newsletter. More trainings will be arranged as needed or requested, so stay tuned!

Dental health prevention and follow up is another fairly new objective in CHDP. Our PHN, Crystal, will be contacting Medi-Cal Dental providers in the county to offer follow up assistance for those children who tend to not follow through and complete treatment. You can find this information is on page 2 of this newsletter. In addition, fluoride varnish trainings will be offered to CHDP providers in the year ahead, as we all believe it is much easier to prevent caries than to treat them. Children with good dental health can live healthier, happier lives, and are better able to concentrate in school and form healthy social connections. Toothaches do not make for happy children!

Lastly, children are reluctant to talk about the things that hurt them, but you may be the one who can help identify current or past traumatic events that are affecting a child's physical or mental health. As of January 1, 2020, the ACEs Aware Initiative offers Medi-Cal providers training opportunities, screening tools, certification and payment for ACEs screenings. More information is available on the DHCS website.

We look forward to a busy and productive year!

Marjorie



### CHDP Staff:

Crystal Hernandez, PHN  
CHDP Nurse  
Becky Durrenberger, PHN  
Senior PHN  
Patricia Oliver, PHN  
Foster Care Nurse  
Czarina Marasigan, PHN  
Foster Care Nurse  
Ashley Greene, PHN  
Foster Care Nurse  
Maria Van Beek  
Child Health Counselor  
Melissa Kevorkian  
Office Assistant  
Terry Lopez  
Office Assistant

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# January is National Birth Defects Month!

In light of January being National Birth Defects Month, we here at CHDP want to emphasize the importance of preventative measures during pregnancy, which is a key factor to minimize birth defects. For instance, the consumption of folic acid is highly important during pregnancy. The "CDC urges all women of reproductive age to get 400 mcg of folic acid each day, in addition to consuming food with folate from a varied diet, to help prevent some major birth defects of the baby's brain (known as anencephaly) and spine (known as spina bifida). Anencephaly is a serious birth defect in which parts of a baby's brain and skull do not form

correctly. Babies born with anencephaly cannot survive. Spina bifida is a serious birth defect in which a baby's spine does not develop correctly, and can result in some severe physical disabilities. All women, but especially those who might become pregnant, need 400 mcg of folic acid every day." (CDC 2019)

Teaching expectant mothers of all ages the importance of perinatal care can decrease the rate of birth defects. CHDP will be providing informational fliers for all provider offices regarding Kings County Comprehensive Perinatal Services for 2020!

<https://www.cdc.gov/features/folicacidbenefits/index.html>

## Respiratory Syncytial Virus (RSV)

CDC current trends in the United States: Each year RSV leads, on average to:

- 2.1 million outpatient visits among children younger than 5 years old
- 57,527 hospitalizations among children younger than 5 years old
- 177,000 hospitalizations among adults older than 65 years
- 14,000 deaths among adults older than 65 years

For more information on Trends and Surveillance visit: <https://www.cdc.gov/rsv/research/us-surveillance.html>

Respiratory Syncytial Virus (RSV) is harmful to all ages, but those that are young infants, premature babies, older adults >65years and older, people with chronic lung disease/ heart problems, and people with weakened immune systems are potentially at a higher risk for severe illness with RSV, according to CDC.

RSV outbreaks are expected to continue during this winter season, so it is important that each of us, as providers, have the appropriate interventions constantly in place to

### Kings County Breastfeeding Coalition

Lunch & Learn on Tuesday, February 18th, 2020 from 11:30-1:00pm.

### Kings County Comprehensive Perinatal Services

Lunchbox Seminar will be Wednesday March 18<sup>th</sup>, 2020 from 11:30-1:00pm.

Both events will take place at the Adventist Health Chapel, 1025 N. Douty St., Hanford.

Contact Czarina Marasigan, PHN & Event Coordinator at 559-852-4824 or [Czarina.Marasigan@co.kings.ca.us](mailto:Czarina.Marasigan@co.kings.ca.us) for further questions.

### Car Seat Safety Classes

Every month Call 584-1411 English/Spanish

Car-Seat Fitting Station: Monday-Friday 8:00am-4:00pm

help prevent its spread. Please remember that it is our infants that are most profoundly affected by this illness. Our goal is to emphasize the importance of preventing further transmission amongst each other. CHDP will be providing informational fliers for all provider offices regarding RSV.

Visit <https://www.cdc.gov/rsv/high-risk/index.html> for information about RSV.

## Care Coordination for Medi-Cal Dental Providers

Providers, please take note of the latest DHCS/Medi-Cal Dental December 2019 update, Volume 35, Number 34.

"Effective January 1, 2020, county CHDP programs are available to assist Medi-Cal dental providers to:

- ◊ Minimize the number of Medi-Cal members ages 0-6 years of age who have been referred or scheduled for a dental appointment who have not had dental follow-up

- ◊ Minimize the number of Medi-Cal members under 21years of age with an urgent/emergent dental condition who have not had dental follow-up care.
- ◊ Educate and assist Medi-Cal members whose care is being followed by CHDP to establish a dental home."

For further information visit: <https://www.denti-cal.ca.gov/Dental%20Providers/Denti-Cal/Provider%20Bulletins/>





## Hello from our CHDP staff!

**Top left:** Crystal Hernandez, Melissa Kevorkian, Becky Durrenberger, Czarina Marasigan

**Bottom left:** Ashley Greene, Marjorie Batin, Maria Van Beek, Teresa Lopez

**Not pictured:** Pat Oliver

## Vision/Audiometric Trainings for 2020!!

Trainings are scheduled to take place on Thursday, January 16th, and Tuesday January 28th, 2020 at the Kings County Health Department (330 Campus Drive, Hanford) in Annex Room 505. Pre-registration is required.

Training times for the vision and audio components are:

- Vision:** 8:00am - 12:00pm
- Audiometric:** 1:00pm - 5:00pm

Link for reservations:

<https://www.eventbrite.com/e/chdp-visionaudiometric-training-tickets-80761490793>

<https://www.eventbrite.com/e/chdp-visionaudiometric-training-tickets-80757627237>



## Meet & Greets

CHDP would like to say thank you to each site manager for taking time to meet with our CHDP staff. It was great to put faces to names and establishing connections with our community partners. We are looking forward to working with each CHDP clinic this new year and as always, thank you for being part of CHDP!

## Near Future Site & Medical Reviews

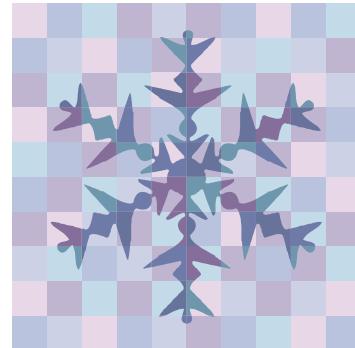
Providers, CHDP would like to inform you that Site and Medical Reviews will be taking place this year. As the CHDP nurse, I will be reaching out to CHDP clinic site managers to arrange these. Feel free to contact Crystal at (559) 852-4527 if you have any questions.

419000-419100

Kings County Department of Public Health  
Child Health & Disability Prevention Program  
330 Campus Drive  
Hanford, CA 93230

Email: [Crystal.Hernandez@co.kings.ca.us](mailto:Crystal.Hernandez@co.kings.ca.us)

(559) 852-4527



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## Safety Recalls

New Port Sales Recalls All-Gloo Craft Glue Due to Failure to Meet Child Resistant Closure Requirements; Poison Hazard to Children.

"The glue contains methanol and poses a poisoning hazard to young children if ingested. The packaging is not child-resistant as required by the Poisoning Prevention Packaging Act. Recalled 8-ounce bottle of Craft Glue also available in 2- and 4-ounce bottles."

<https://cpsc.gov/Recalls/2020/New-Port-Sales-Recalls-All-Gloo-Craft-Glue-Due-to-Failure-to-Meet-Child-Resistant-Closure-Requirements-Poison-Hazard-to-Children>

For this recall and more visit: <https://www.safekids.org/product-recalls>



# PROTECT YOUR CHILD from RSV



Avoid close contact with sick people



Wash your hands often

Cover your coughs  
& sneezes



Clean & disinfect surfaces



Avoid touching your face  
with unwashed hands

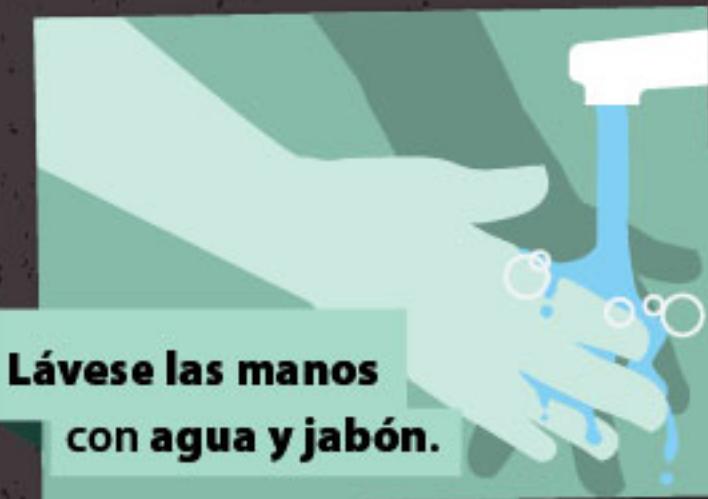


Stay home when you're sick



[www.cdc.gov/rsv](http://www.cdc.gov/rsv)

# PROTEJA a SU NIÑO contra el VRS



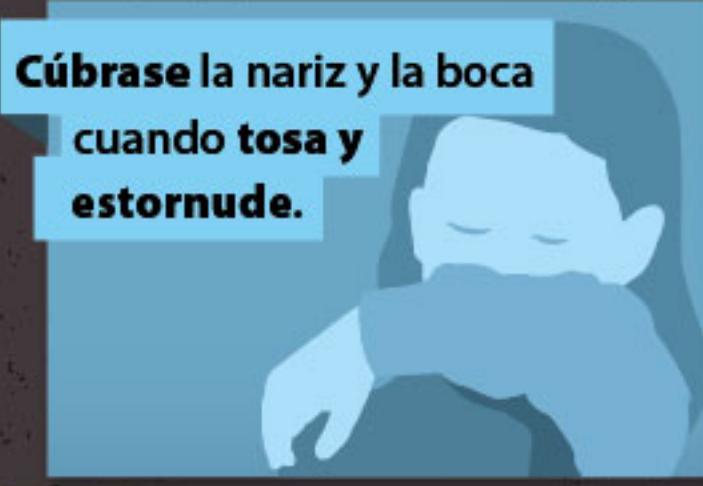
**Lávese las manos  
con agua y jabón.**



**Evite tocarse la cara sin  
haberse lavado las manos.**



**Evite el contacto cercano con  
personas enfermas.**



**Cúbrase la nariz y la boca  
cuando tosa y  
estornude.**



**Limpie y desinfecte las superficies.**



**Quédese en la casa si está enfermo.**



Para más información, consulte [www.cdc.gov/rsv/sp/](http://www.cdc.gov/rsv/sp/)



## Kings County Breastfeeding Coalition 2020

### KCBC Lunch & Learn

Lunch 11:30 a.m. Presentation 12:00 p.m. - 1:00 p.m.

February 18, 2020 ♦ May 19, 2020 ♦ August 18, 2020 ♦ November 17, 2020



Business Meetings - Adventist Chapel - 3rd Tuesday of the month 12:30 p.m. - 2:00 p.m.

- 1. 1/21/20 2. 3/17/20 3. 4/21/20 4. 6/16/20
- 5. 7/21/20 6. 9/15/20 7. 10/20/20 8. 12/15/20

Czarina Marasigan, PHN

Perinatal Services Coordinator

[Czarina.Marasigan@co.kings.ca.us](mailto:Czarina.Marasigan@co.kings.ca.us)

559-852-4824

## Kings County Comprehensive Perinatal Services 2020



### Lunchbox—Adventist Chapel

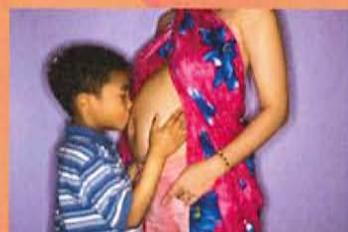
One hour perinatal education: Lunch 11:30 am

Presentation 12:00 pm—1:00 pm

1. March 18

2. June 17

3. September 16



Czarina Marasigan, PHN  
Comprehensive Perinatal Services Coordinator

[Czarina.marasigan@co.kings.ca.us](mailto:Czarina.marasigan@co.kings.ca.us)

559-852-4769

The Facts About

# Juul E-Cigarettes

## What is Juul?

Juul is a brand of e-cigarette that has skyrocketed in popularity among teens across the United States. Educators report an alarming level of Juul use in middle and high schools.



- A sleek, high tech e-cigarette that looks like USB flash drive and charges in a computer.
- Available in sweet flavors including mango, fruit and mint.
- Small enough to fit in a closed hand.
- A “Juul Pod” contains as much nicotine as a pack of cigarettes.
- Teens often refer to Juul use as “Juuling.”
- Juul now has over 70% of the e-cigarette market.

- Juul use exposes kids to nicotine, which is highly addictive. More than 60% of young people who use Juul don't realize the product always contain nicotine.
- Nicotine can harm adolescent brain development, affecting attention, learning and susceptibility to addiction.
- E-cigarette use increases teens' likelihood of ever using regular cigarettes.

## What are the health risks of using Juul?

Juul is putting kids at risk of nicotine addiction and threatens to reverse decades of progress in reducing youth tobacco use.



# Los Cigarrillos Electrónicos Juul

## ¿Qué es Juul?

Juul es una marca de cigarrillos electrónicos cuya popularidad se ha disparado entre los adolescentes de los Estados Unidos. Los educadores informan un nivel alarmante del uso de Juul en las escuelas secundarias y preparatorias.



- …> Un **elegante cigarrillo electrónico de alta tecnología** que parece como una memoria USB y se recarga en una computadora.
- …> **Son disponibles en sabores dulces** que incluyen mango, fruta y menta.
- …> **Son lo suficientemente pequeños para encajar en una mano cerrada.**
- …> Un "Juul Pod" contiene **tanta nicotina como un paquete de cigarrillos**.
- …> Los adolescentes a menudo se refieren al uso de Juul como "**Juuling**".
- …> Juul ahora tiene **más del 70% del mercado de cigarrillos electrónicos**.

- …> **El uso de Juul expone a los niños a la nicotina, la cual es altamente adictiva.** Más del 60% de los jóvenes que usan Juul no se dan cuenta de que los productos siempre contienen nicotina.
- …> **La nicotina puede dañar el desarrollo cerebral de los adolescentes**, afectando la atención, el aprendizaje y la susceptibilidad a la adicción.
- …> El uso de cigarrillos electrónicos **aumenta la probabilidad de que los adolescentes usen cigarrillos tradicionales en algún momento**.

## ¿Cuáles son los riesgos de salud al usar Juul?

Juul está poniendo a los niños en riesgo de desarrollar una adicción a la nicotina y amenaza con deshacer décadas de progreso en la reducción del consumo de tabaco entre los jóvenes.

